

2025 年
7 月

| | | | 野球部 | | 男子バスケットボール部 | | 女子バスケットボール部 | | バレーボール部(女子) | | バレーボール部(男子) | | サッカー部 | | 男子テニス部 | | 女子テニス部 | | 剣道部 | | 陸上競技部 | | 美術部 | | 吹奏楽部 | | PC科学部 | |
|------|---|-----|------|------|-------------|------|-------------|------|-------------|------|-------------|------|-------|------|--------|------|--------|------|------|------|-------|------|------|------|------|------|--------|------|
| 活動実績 | | | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 | 活動計画 | 活動実績 |
| 1 | 火 | Tue | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | |
| 2 | 水 | Wed | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | |
| 3 | 木 | Thu | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | |
| 4 | 金 | Fri | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | |
| 5 | 土 | Sat | 練習試合 | | 練習 | | 練習 | | 練習 | | 練習 | | OFF | | 練習 | | OFF | | 練習 | | 練習 | | OFF | | OFF | | OFF | |
| 6 | 日 | Sun | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | 練習 | | OFF | |
| 7 | 月 | Mon | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | 練習 | | OFF | | OFF | | OFF | |
| 8 | 火 | Tue | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | OFF | | 練習 | | 練習 | | 練習 | |
| 9 | 水 | Wed | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | 大会 | | OFF | | OFF | | OFF | |
| 10 | 木 | Thu | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 大会 | | 練習 | | 練習 | | 練習 | |
| 11 | 金 | Fri | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | |
| 12 | 土 | Sat | 練習試合 | | 練習 | | 練習 | | 練習 | | 練習 | | 大会 | | 練習 | | OFF | | 練習 | | 練習 | | OFF | | 練習 | | OFF | |
| 13 | 日 | Sun | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | |
| 14 | 月 | Mon | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | |
| 15 | 火 | Tue | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | |
| 16 | 水 | Wed | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | |
| 17 | 木 | Thu | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | |
| 18 | 金 | Fri | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | OFF | | OFF | | 練習 | | OFF | | OFF | | 練習 | | OFF | |
| 19 | 土 | Sat | 大会 | | OFF | | OFF | | OFF | | OFF | | 強化練習 | | | | | | OFF | | OFF | | OFF | | 練習 | | OFF | |
| 20 | 日 | Sun | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | OFF | | OFF | |
| 21 | 月 | Mon | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | 練習 | | OFF | |
| 22 | 火 | Tue | OFF | | 練習 | | 練習 | | OFF | | OFF | | 練習 | | | | | | 練習 | | 練習 | | OFF | | 練習 | | OFF | |
| 23 | 水 | Wed | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | 練習 | | 練習 | | OFF | | 練習 | | OFF | |
| 24 | 木 | Thu | OFF | | 練習 | | 練習 | | OFF | | OFF | | 練習 | | | | | | 練習 | | 練習 | | OFF | | 練習 | | 午前(休日) | |
| 25 | 金 | Fri | OFF | | 練習 | | 練習 | | 練習 | | 練習 | | OFF | | | | | | OFF | | 練習 | | OFF | | 練習 | | OFF | |
| 26 | 土 | Sat | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | 大会 | | OFF | |
| 27 | 日 | Sun | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | 練習 | | OFF | |
| 28 | 月 | Mon | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | OFF | | OFF | | OFF | | OFF | |
| 29 | 火 | Tue | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | OFF | | | | | | 練習 | | OFF | | OFF | | 練習 | | OFF | |
| 30 | 水 | Wed | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | 練習 | | | | | | 練習 | | 練習 | | OFF | | 練習 | | 午前(休日) | |
| 31 | 木 | Thu | OFF | | OFF | | OFF | | OFF | | OFF | | OFF | | | | | | OFF | | 練習 | | OFF | | OFF | | OFF | |